



# Book Fact Sheet



## TEARS OF A WARRIOR

*A Family's Story of Combat and Living with PTSD*

Tears of a Warrior - [www.tearsofawarrior.com](http://www.tearsofawarrior.com)

### Title

Tears of a Warrior: A Family's Story of Combat and Living with PTSD

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[www.tearsofawarrior.com](http://www.tearsofawarrior.com)  
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Post Traumatic Stress Disorder (PTSD) isn't just about the wounds of the warrior. It is about everyone around him or her.

*Tears of a Warrior: A Family's Story of Combat and Living with PTSD* is a labor of deep hope and desire to make a difference for the many young men and women returning home after experiencing the trauma of combat.

Society needs to understand the aftermath of combat and how to prepare for warriors who return home.

This book is a valuable resource for all combat veterans and the families, friends and co-workers who care about them. It is also for health care professionals who treat veterans with emotional trauma.

Learn:

- The experience of serving in combat
- The characteristics of PTSD
- How PTSD affects the veteran
- How PTSD affects the family
- Helpful suggestions for the spouse and family members

